

Registration form to mail in

Registration link (includes membership):
<https://bit.ly/cfcps2022>

Name: _____

Area of Specialty: _____

Address: _____

City: _____ PC: _____

Phone: _____

E-mail: _____

Please do not include my contact info on the list for conference

Method of Payment

Registration Cost \$ _____

Membership Category:

- Platinum
 Gold
 Silver

CFCPS Membership \$ _____

Total Paid: _____

Credit Card Number _____

Expiry Date: ____/____/____ CVV: _____

Cardholder's Name: _____

Signature: _____

Please mail to:

PO Box 38076 Meadowlands PO, Ottawa ON,
K2C 3Y7

Registration Costs

The following table lists conference registration costs. No refunds after May 1st, 2022.

Annual General Meeting: All members are encouraged to attend the CFCPS AGM on Sunday, June 5th, 2022. Registration link included in conference package.

	Member	Non-member
Physician	\$300	\$350
Resident/Retired	\$225	\$275
Student/Clergy	\$75	\$100
Affiliated/Academic	\$215	\$265

***Jeff Cavins Local Guilds Event*:** The Hamilton Guild proposes that, in line with pandemic restrictions, members can host appropriately sized group gatherings to view this event and have time for fellowship. After the presentation, we will have a short Cross Country Meet&Greet via zoom. Please contact admin@canadiancatholicphysicians.ca if you are willing to host such an event.

Workshop selection (details on next page):

- Resilience in Residency**
Mimitha Puthuparampi
- Truth and Beauty: Incorporating Natural Family Planning into an Evidence-Based Practice**
Stephanie Kafie
- Joyful Conscience in the middle of Trials and Perseverance**
Nicole Scheidl
- Medical Decisions in Extraordinary Times: Applying the Lessons of the COVID-19 Pandemic**
Lucas Vivas
- God in the Exam Room**
David Chan

Media: Participants are advised that screen shots will be taken periodically during the conference. Presentations will be recorded. Breakout rooms and Q&A will NOT be recorded.

Schedule of Accredited Plenaries

Friday, June 3, 2022

10:45..... Conference Opens
12:00..... *Plenary 1: Quentin Genuis: Compassion, Fatigue, and the Christian Physician*
14:45..... *Plenary 2: Dr. Tim Lau and Gillian Roussy: Two perspectives: Finding Joy in unexpected places*

Saturday, June 4, 2022

10:30..... Conference open: Dr. Tim Lau, Welcome
10:45..... *Plenary 3: Dr. Sephora Tang: Perseverance: Faith and Joy in Practice*
12:00..... *Plenary 4: Dr. Cory Labrecque: Dignity, Woundability, and Personhood at the End of Life*
13:30..... *Plenary 5: Bishop Bittman: Christian Anthropology and Sex and Gender*
14:45..... **Workshops: please select 1 of the 5 options**

Please see last page of brochure for combined and full schedule of accredited and unaccredited sessions

ACCREDITATION

Ce programme d'auto-apprentissage d'un crédit par heure répond aux critères de certification du Collège des médecins de famille du Canada et a été certifié par le programme de développement professionnel continu de l'Université McMaster pour un maximum de 6,25 crédits Mainpro+.

Cette activité est une activité d'apprentissage de groupe accréditée (section 1) telle que définie par le programme de maintien du certificat du Collège royal des médecins et chirurgiens du Canada et approuvée par le programme de développement professionnel continu de l'Université McMaster. Vous pouvez réclamer un maximum de 6,25 heures de section 1 du MDC.

This one-credit-per-hour Self-Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the McMaster University Continuing Professional Development Program for up to 6.25 Mainpro+ credits.

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by McMaster University Continuing Professional Development Program. You may claim a maximum of 6.25 MOC Section 1 hours".

Joys, Trials and Perseverance...

...count it all as joys (James 1:3)



June 3 - 5, 2022

(virtual)

The 14th annual conference of the
Canadian Catholic Physicians and
Societies



CANADIAN FEDERATION
OF CATHOLIC PHYSICIANS & SOCIETIES
FÉDÉRATION CANADIENNE
DES SOCIÉTÉS ET MÉDECINS CATHOLIQUES



Accredited Plenaries

Compassion, Fatigue, and the Christian Physician

Quentin Genuis (Emergency Physician)

At the conclusion of this presentation, participants will be able to:

- 1) Compare and Contrast different conceptions of compassion, compassion fatigue, burnout, and moral injury;
- 2) Recognize ways that different understanding of compassion may lead caregivers to different courses of action;
- 3) Understand the role that faith (and Catholic faith specifically) has in informing compassion, both intellectually and in terms of medical practice;
- 4) Discuss compassion-sustaining practices and how they may enrich the life and practice of a physician.

Dignity, Woundability, and Personhood at the End of Life

Cory Labrecque (Associate Professor of Theological Ethics and Bioethics)

At the conclusion of this presentation, participants will be able to:

- 1) Describe, in their own words, the context and content of the *Ars moriendi* (instructional Christian texts from the late Middle Ages on the art of dying) and its relevance for the way we go about accompanying the dying in the present age;
- 2) Summarize Catholic teaching on personhood and use this teaching to think constructively about vulnerability;
- 3) Describe how the *Ars moriendi* contributes to a Catholic theology of accompaniment.

Perseverance, Faith and Joy in Practice

Sephora Tang (Psychiatrist)

At the conclusion of the presentation participants will be able to:

- 1) Discuss the importance of self-care as health care professionals providing care to patients in a stressed world. care professionals providing care to patients in a stressed world;

2) Discuss the role that one's faith and spirituality can have in promoting personal wellness, as well as social cohesion, in reducing personal and community stress;

3) Share insights into how a lived Christian faith can empower one to persevere with peace and joy through the challenges of medical practice in today's cultural context.

Christian Anthropology and Sex and Gender

Bishop Greg Bittman (CFCPS Episcopal Advisor)

At the conclusion of the presentation, participants will be able to:

1. Explain the human person's sex and gender from a Christian anthropologic perspective;
2. Compare gender dysphoria from both an anthropologic and Christian anthropologic perspective.

Two Perspectives: Finding joy in unexpected places

Tim Lau (Geriatric Psychiatrist. Dir. Joy at Work Initiative, The Royal Ottawa)

Gillian Roussy (Teacher; Moderator and Pres. Intl. Federation of Family Dev't. IFFD Canada)

Objectives: At the conclusion of the presentation participants will be able to

- 1) To compare modern and ancient definitions of happiness and joy.
- 2) To explore interventions to enhance wellness backed by science.
- 3) To discuss the relationship between mental health and wellness.
- 4) To explore the relationship between gratitude, expectations and grace.

Accredited Workshops

1. Resilience in Residency

Mimitha Puthuparampil (Family Medicine. Pre-natal; long-term care. Marquette Method NFP)

The following will be addressed through a case-based presentation:

- 1) Discussing the importance of pursuing virtue and the benefits of a strong spiritual life during residency;
- 2) Identifying common ethical and spiritual opportunities that trainees encounter in residency and clerkship;
- 3) Sharing of a common approach to these challenges and practical tools to address them directly.

2. Truth and Beauty: Incorporating Natural Family Planning into an Evidence-Based Practice

Stephanie Kafie (Family Medicine. "Totally Yours Family Medicine Clinic")

At the conclusion of the presentation participants will be able to :

- 1) Define natural family planning in the 21st century;
- 2) Explain the evidence-based benefits of natural family planning based on current literature;
- 3) Review methods of natural family planning and discuss their effectiveness based on current research and technology;
- 4) Learn how to incorporate natural family planning into an evidence-based medical practice;
- 5) Discover resources and educational opportunities for learning more about natural family planning.

3. Joyful Conscience in the middle of Trials and Perseverance

Nicole Scheidl LL.B, LL.M (Exec. Director CPL)

Objectives: At the conclusion of the presentation participants will be able to

- 1) Explain what freedom of conscience is and how issues of conscience impact both physicians and patients in healthcare practice;
- 2) Discuss the physicians' professional responsibility with respect to patient autonomy;
- 3) Interpret the correct role of a physician conscientious objector in healthcare.

4. Medical Decisions in Extraordinary Times: Applying the Lessons of the COVID-19 Pandemic

Lucas Vivas CD MD MHS Sc FRCPC

Objectives: At the end of this workshop, participants will be able to:

- 1) Describe the importance of truth-telling in informing medical decision-making;
- 2) Describe the importance of freedom of conscience in providing sound medical advice to patients;
- 3) Articulate a hierarchy of values to consider when counselling patients on medical decisions;
- 4) Develop professional strategies for accompanying patients who make medical decisions contrary to their physician's advice.

5. God in the Exam Room

David Chan MD, CCFP, MSc, FCFP

Objectives: At the end of this workshop, participants will be able to:

- 1) Explain the Spiritual Gap and what research shows;
- 2) Understand the HOPE assessment, its reason and how to use it;
- 3) Know how to prescribe "Scriptural Verses";
- 4) Know to incorporate this into your practice through a practice/ debrief session.

Unaccredited Sessions

Spiritual Growth

A. The Iconography of the Crucifixion of the Man of Sorrows

Fr. Eric Nicolai (Priest, Art Historian, YouTuber, Priestly Society of the Holy Cross and Opus Dei)

B. The Pain of It: What to do When You Suffer

Jeff Cavins (Professor, Author)

Objectives: At the conclusion of the presentation participants will be able to:

- 1) Answer “Why would God allow us to suffer if he loves us?”
- 2) Know the meaning of redemptive suffering and what it means to “offer it up.”
- 3) Understand the importance of participating in the sufferings of Christ

Keynote Address

A Light the Darkness Cannot Overcome: Maintaining Hope and Peace in a Season of Affliction

Fr. Denis Lemieux (Priest, Author and Hermit. Madonna House Community)

Unaccredited Schedule

Friday, June 3, 2022

10:45..... Conference open: Meet & Greet
10:55..... MC welcome and Tech info
11:00..... Dr. David Chan, Welcome and Tribute to Dr. Tony Kerigan
11:15..... Bishop Bittman's Address
11:20..... Dave McCann scholarship winner 2019 - Samantha Rossi
11:45..... Break
13:00..... LUNCH and optional EWTN booth
13:30..... Unaccredited Plenary A: Fr. Eric Nicolai: The Iconography of the Crucifixion of the Man of Sorrows
14:30..... NETWORKING Break Rooms
16:00..... Fr. Markus: Divine Mercy Chaplet
16:30..... DINNER
17:30..... Unaccredited Plenary B: Jeff Cavins - The Pain of It: What to do when you suffer.
Local Guilds Event
20:00..... Cross Country Meet & Greet

Saturday, June 4, 2022

10:30..... Conference open: Dr. Tim Lau, Welcome
11:45..... NETWORKING Break
13:00..... LUNCH and optional Justin Press booth
16:00..... Dave McCann scholarship Winner 2022
16:30..... Holy Rosary
17:00..... DINNER
18:00..... Keynote Address: Fr. Denis Lemieux
19:00..... 2023 Conference Promo
19:05..... Invitation to AGM and Financial Appeal
19:15..... Vote of Thanks
19:20..... Hippocratic Oath
19:30..... Closing Blessing by Bishop Bittman

Sunday, June 5, 2022

12:00..... CFCPS AGM opens - *Agenda in Conf. Pkg.*
12:10..... AGM - *Cross Country Update*
13:10..... CFCPS AGM - *business*
15:00..... CFCPS AGM - adjourned

Complete Schedule

Friday, June 3, 2022

10:45.... Conference open: Meet & Greet (UA Room)
10:55.... MC welcome and Tech info
11:00.... Dr. David Chan, Welcome and Tribute to Dr. Tony Kerigan
11:15.... Bishop Bittman's Opening Prayer
11:20.... Dave McCann scholarship winner 2019 - Dr. Samantha Rossi
11:50.... Break
12:00.... *Accredited Plenary 1: Quentin Genuis: Compassion, Fatigue, and the Christian Physician (A Room)*
13:00.... LUNCH and EWTN Booth
13:30.... Unaccredited Plenary A: Fr. Eric Nicolai: The Iconography of the Crucifixion of the Man of Sorrows (UA Room)
14:30.... NETWORKING Break Rooms
14:45.... *Accredited Plenary 2 Dr. Tim Lau and Gillian Roussy: Two perspectives: Finding Joy in unexpected places (A Room)*
15:45.... Break
16:00.... Fr. Markus: Divine Mercy Chaplet
16:30.... DINNER
17:30.... Unaccredited Plenary B: *Jeff Cavins - The Pain of It: What to do when you suffer. (UA Room)*

Local Guilds Event

20:00.... Cross Country Meet & Greet

Saturday, June 4, 2022

10:30.... Dr. Tim Lau, Welcome (UA Room)
10:45.... *Accredited Plenary 3: Dr. Sephora Tang: Perseverance: Faith and Joy in Practice (A Room)*
11:45.... Break
12:00.... *Accredited Plenary 4: Dr. Cory Labrecque: Dignity, Woundability, and Personhood at the End of Life (A Room)*
13:00.... LUNCH
13:30.... *Accredited Plenary 5: Bishop Bittman: Christian Anthropology and Sex and Gender (A Room)*
14:30.... Break
14:45.... *Accredited Workshops: please select 1 of the 5 options (A Breakout Rooms)*
15:45.... Break (Hereafter UA Room)
16:00.... Dave McCann scholarship Winner 2022
16:30.... Holy Rosary
17:00.... DINNER
18:00.... Keynote Address: Fr. Denis Lemieux
19:00.... 2023 Conference Promo
19:05.... Invitation to AGM and Financial Appeal
19:15.... Vote of Thanks
19:20.... Hippocratic Oath
19:30.... Closing Blessing by Bishop Bittman

Sunday, June 5, 2022

12:00.... CFCPS AGM opens - *Agenda in Conf. Pkg.*
12:10.... AGM - *Cross Country Update*
13:10.... FCPS AGM - *business*
15:00.... CFCPS AGM - adjourned